

**Renovation of Community Learning Center for Vulnerable People of Disaster
at Changunarayan, Bhaktapur**

Monthly Report| July 2016

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Submitted to

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Background

The project “**Renovation of community learning center for vulnerable people of disaster at Changunarayan**” is implemented by ICA Nepal in coordination with ICA Japan in heChangunarayan Bhaktapur. The project is financially supported by Ministry of Foreign Affairs (MOFA). The project has successfully completed 5 months.

This project is aligned with coping the national emergency post the earthquake of 2015. The overarching goal of the proposed project is to improve and strengthen the living condition of community of Changu Narayan through renovating the Learning Centre, carrying out psycho social counselling for children, women, senior citizens and conducting income generating activities.

In July, as per our planning, we carried out number of training and facilitations for community people. This document contains the report on activities that were carried out in the month of July.

Activities carried out:

1. Training Psycho-Social Counseling



One of the major activity of the project is to carry out training on Psycho-Social Counseling for local community who survived the massive earthquake of 2015. Realizing the need to address the mental stress of community people caused due to the earthquake, this activity has been planned in

order to help the local women of Changunarayn in coping with disasters. Though it was planned for only women, due to community high request, we have to invite both gender to participate in the trainings.

As it was reported in June, 1st Psycho-Social Counseling training was conducted on 31 June and 1 July. In July, three events on Psycho Social Counseling training were conducted. Due to community demand, the second psycho-social consoling was conducted for only male participants. Third, fourth and fifth had both male and female participants.

6-7 July, 2016	2 nd Psycho Social Counseling	25 participants (only male)
17-18 July, 2016 10 females)	3 rd Psycho Social Counseling	26 participants (16 males and
25 – 26 July, 2016 and 5 males)	4 th Psycho Social Counseling	32 participants (27 females
30 – 31 July, 2016 and 15 males)	5 th Psycho Social Counseling	30 participants (15 females

The training content and module is revised after TOT facilitated by Mental Expert Mr. Yoshi Tebayashi. Trainings were facilitated by Atma Ram Timsina, Amba Datta Bhatta and TP Kadel.

2. Awareness Raising Program on Child, Teenaged and Women's Right



As a part of awareness raising event for helping community to cope stress, awareness raising program was conducted on 1 July 2016. The program focused on providing information about Children, teenagers and Women's right to the participants aged between 10-20 years. The major objective of the activity was to develop a high level of community awareness among participants especially teenagers who will grow up to be the responsible adult tomorrow.

The objective of training was to educate the community people on their rights and duties especially about children and women. Altogether 20 children attended the program. The program was facilitated by Sangita Pokharel and Rachana Sharma.

3. Trainers' Training on Coping with Disasters



As a part of the project, Mr. Yoshi Tebayashi, Certified Psychologist from Japan visited Nepal from 17 July to 29 July 2016. Major objective of his stay is to train and facilitate the project team in helping the local communities who are suffering from stress caused by disasters.

During his stay, TOT on Coping with Disasters was conducted. All the team members of the project (altogether 16 participants) participated in the four days long trainers' training from 19 to 22 July. The TOT was very helpful and provided new insights on the psycho-social counseling training we have been conducting. Psycho-Social Counseling Manual is being updated based on the suggestion provided by Mr. Tebayashi. Mr. Tebayashi also visited Khatrithok located at Sindhupalchowk, a location proposed for second year.

Communication is being carried out with the professors of Tribhuvan University Teaching Hospital (TUTH) for carrying out mobile mental health check-up camp in Sindhupalchok. The communication was led by Mr. Tebayashi.

4. Workshop on Coping with Disasters for Children of Changunarayan

As a part of psycho-social counselling to children of Changunarayan, Workshop on Coping with Disasters was conducted on 30 July 2016. The workshop focused on raising awareness on children's rights and governance. Children were asked to draw paintings on what they saw during earthquake. Thirty four children participated in the program.

Children were very nervous initially to sketch. But eventually, when they participated, the result was amazing. Children expressed their fear, stress, trauma in the paintings.



5. Structural Architect Visit

Mr. Okoshi, Structural Architect made his second visit to Nepal in July. During his stay he visited Changunarayan, current project site and Sindhupalchok, proposed project site for next year.

Mr. Okoshi made his final inspection of the renovated learning center. He reported the renovation is carried out well and as per the plan. But, his strong recommendation to the construction company was to maintain cleanliness once renovation is complete. He also discussed about the blueprint of the learning center proposed to be constructed at Sindhupalchok.

6. Meeting for Management of Learning Centre

The meeting briefly discussed on how the community people can make optimum utilization of the learning center and what would be the roles and responsibilities of ICA N, ICA J and Progressive Women Group specifically. MOU draft has been prepared highlighting the major

roles of each parties ICA Nepal, ICA Japan and Progressive Women's Group simultaneously. The meeting decided that once Ms. Shizuyo Sato arrives, the draft will be discussed thoroughly and specific decision will be taken. In the meeting was attended by Dr. Tatwa Timsina, Atma Ram Timsina, Ms. Devaka, Ms. Sushila Tamang and Ms. Julu Maya Tamang and Mohan Bir Shrestha.

Outcomes

The outcomes of the activities of this month are:

- 4 Psychosocial counselling training were conducted.
- More than 100 individuals were trained on psycho-social counselling
- TOT on coping with disasters conducted
- Psychosocial awareness program for children conducted.
- More than 50 children reached directly in earthquake related awareness raising activities

Challenges

1. Delay in construction of Truss due to changes in plan due to communal dispute over the land
2. Peak monsoon seasons, difficulties to conduct awareness program

Planning for the next month

- Continue Elderly, Children awareness program
- Community Development Training by Shizuyo Sato
- Sanitary Napkin Training
- 6th Psycho Social Training.